

## **Immediate Denture Post Operative Instructions**

- For the first 24 hours your immediate denture is not to be removed from your mouth. If the denture is removed, swelling may occur that will make it difficult or impossible to replace the denture.
- After 24 hours, you will see your dentist for a check up. At that time you will be given a new set of instructions for how to care for your denture and your mouth.
- After extractions, do not rinse, spit, smoke or suck on a straw. Do not rinse your mouth vigorously. Do not drink any hot beverages or carbonated beverages.
- Your immediate denture not only replaces your missing teeth, but it is acting to protect the surgical site, control swelling, and control bleeding. The denture needs to be in place to be effective.
- The fit of your immediate denture will change as your mouth heals from the extraction of your teeth. As healing occurs, the dental ridges change shape – and they generally shrink in size. An immediate denture is often only a temporary denture which will require replacement or reline after final healing of the mouth.
- The immediate denture will need to be adjusted and/or relined to compensate for the changes that will take place in your mouth as the gums heal. You will be instructed by your dentist to return for periodic appointments to monitor your mouth for changes that will require denture adjustments.
- After the dental extraction sockets have healed over (two to six weeks) you may find a denture adhesive paste or powder to help stabilize your denture.
- Dental extraction sockets take at least 6 months to heal and fill in with new jaw bone. At that time, your dentist will speak to you about replacing your immediate denture with a permanent denture or making a permanent reline.

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